



SEVA NURSING COLLEGE

(RECOGNISED BY INDIAN NURSING COUNCIL, DELHI. MAHARASHTRA NURSING COUNCIL, MUMBAI. MAHARASHTRA GOVERNMENT AND MAHARASHTRA UNIVERSITY OF HEALTH SCIENCES, NASHIK).

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- INC Code: 1903162

Annexure-X

Maharashtra University of Health Sciences, Nashik
Inspection Committee Report for Academic Year 2026-27
Webinar/Workshop/CME/Activities/ Performed in Last One Year.
All report made available on web site

Name of the College /Institute: Sakhar Kamgar Hospital Trusts, Seva Nursing College, Shrirampur

Faculty: Nursing

No. of Webinars Arranged, Guest Lectures & CME/ Workshops (Published details on College website)

Sr. No.	Details of Webinar/ Workshop/CME/ Activities/ Perform: Details uploaded on website
1.	Continuous Nursing Education Programme attended by students – copy attached
2.	Continuous Nursing Education Programme attended by teachers – copy attached
3.	Workshops organized
4.	Cultural activities celebrated
5.	Green campus activities
6.	Research activities

Here by I declare all relevant document uploaded are clear and visible on web site & are true as per my knowledge & Belief

Any Other, Please Specify :- Not Any

Date: 31.12.2025


Principal

Principal
Seva Nursing College
Sakhar Kamgar Hospital Trust's
Shrirampur, Dist. Ahilyanagar

SAKHAR KAMGAR HOSPITAL TRUSTS SEVA NURSING COLLEGE, SHRIRAMPUR.

CONTINUOUS NURSING EDUCATION ORGANIZED BY SEVA NURSING COLLEGE

SN	Attendees	Date of CNE	Duration	Department	Resource person	Topic
1	Second Sem BSc Nursing	28 & 29 March 2025	Two days	Medical Surgical Detriment	Mr. Yogesh Rathod, MSc Chemistry	Cycles in biochemistry
2	Third & Fourth Semester BSc Nursing	11 Sept 2025	One Day	Medical Surgical Detriment	Mr. Suraj Gholap, M. Pharmacist	Drugs Used In Respiratory, Cardiovascular, Endocrine, Nervous System, Urinary System Drugs
3	First GNM & Third Sem BSc Nursing	6 & 7 Nov 2026	Two days	Microbiology department	Mr. Vasim Salim Shaikh. MSc Microbiology	Basics of Microbiology
4	Hospital staff & First Semester, & pbbsc	26 & 27 Nov 2025	Two days	Medical Surgical Detriment	Mr. Chetan Borude, Certified trainer of BLS & ACLS	Essentials of BLS & ACLS
5	First Sem BSc Nursing	14& 15 Nov 2025	Two Days	Linguistic department-english	Dr. Avinash Shirasath, MA English	English language Communication Skills, Soft
6	Sixth and Seventh Semester BSc Nursing & pbbsc	09 Dec 2025	One Day	Maternal Health Nursing	Ms. Priyadarshini Gaikwad, MSc OBGY Nursing	Menstrual health & hygiene`
7	First sem bsc & pbbsc	7& 8 jan 2026	Two days	Medical surgical department	Ms. Dethe Arti, Certified trainer of emergency procedures	Basics of bandages

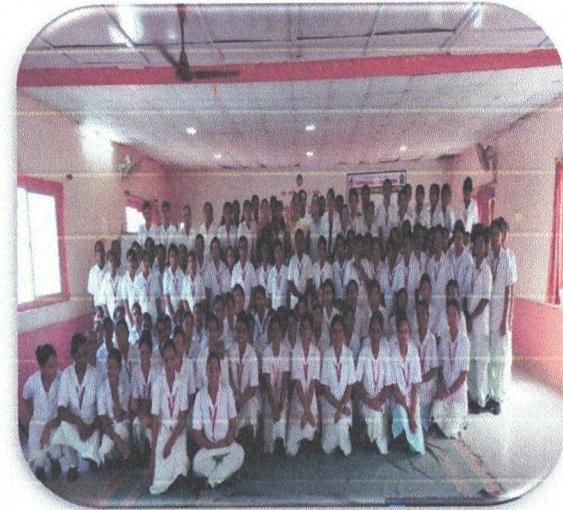
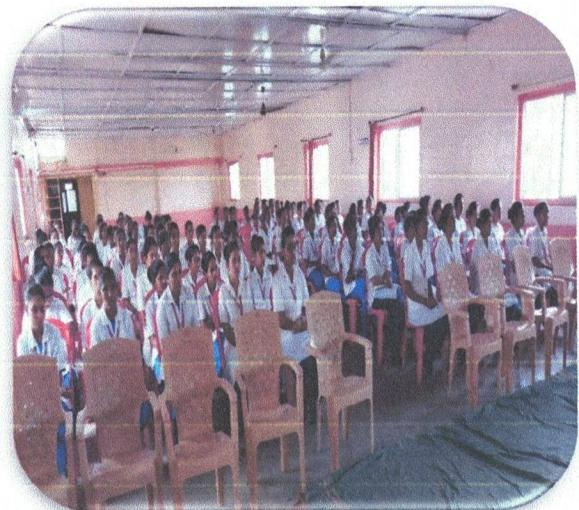
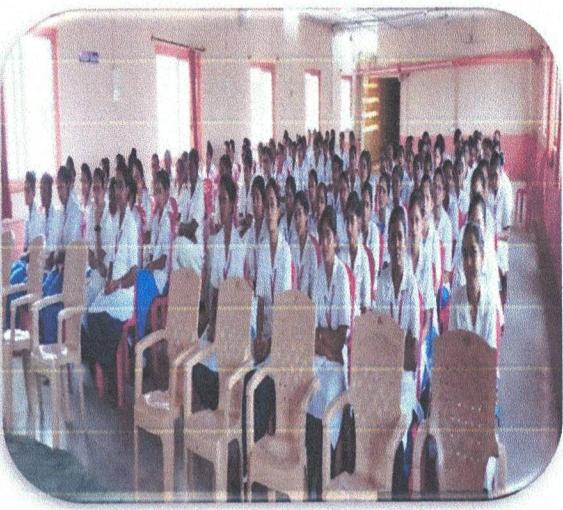
Sakhar Kamgar Hospital Trusts Seva Nursing College, Shrirampur

Continuous Nursing Education on Elements Of Biochemistry

SN.	Title of event	Time	Duration	Honoured by
DAY 1				
1.	Attendance Of Morning Session	9 to 9.15 am	15 Min.	Mr.Ashish G.
2.	Introduction Of CNE	9.15 to 9.20 am	10 Min.	Student
3.	Read Profile Of Guest	9.20 to 9.30. am	10 Min.	Student Anchors
4.	Welcoming Of Subject Expert	9.30 to 9.40 am	10 Min.	Student
5.	Reading Schedule Of Two Days	9.40 to 9.45 am	5 Min.	Mr.Ashish G.
6.	Theory Lecture 1 :	9.45 to 10.45am	60 Min.	Mr.Yogesh Sir
7.	Revision	10.45 to 11.45 am	1 Hr. Min.	Mr.Yogesh Sir
	Short Break	11.45 am to 12 pm	15 Min.	-
8.	Group Activity	12.00 to 1.00 pm	One Hr.	Mr.Yogesh Sir
	Lunch Break	1.00 to 2 pm	One Hr.	-
9.	Afternoon Attendance	2 to 2.15 pm	15 Min.	Mr. Shubham
10.	Theory Lecture 2 :	2.15 to 3.15 pm	60 Min.	Mr. Shubham Sir
	Short Break	3.15 to 3.30 pm	15 Min.	-
11.	Revision Of Lecture 2 :	3.30 to 4.30 pm	60 Min.	Mr.Shubhasir.
12.	Group Activity:	4.30 pm to 5.30 pm	60 Min.	Mr.Shubham Sir.
13.	End Of Cne Day 1	5.30 pm	-	-

DAY 2 – 29/03/2025

SN	Title Of Event	Time	Duration	Honoured By
DAY 2				
1.	Attendance Of Morning Session	9 to 9.15 am	15 Min.	Mr.Shubham V.
2.	Introduction Of CNE	9.15 to 9.20 am	5 Min.	Student
3.	Read Profile Of Guest	9.20 to 9.30. am	10 Min.	Student
4.	Welcoming Of Subject Expert	9.30 to 9.40 am	10 Min.	Student
5.	Reading Schedule Of Last Day	9.40 to 9.45 am	5 Min.	Mr.Shubhamv.
6.	Theory Lecture 1 :	9.45 to 10.45am	60 Min.	Mr.Shubhamv.
7.	Revision Of Lecture	10.45 to 11.45 am	1 Hr. Min.	Mr.Yogesh Sir
	Short Break	11.45 am to 12 pm	15 Min.	-
8.	Group Activity	12.00 to 1.00 pm	One Hr.	Mr.Yogesh Sir
	Lunch Break	1.00 to 2 pm	One Hr.	-
9.	Afternoon Attendance	2 to 2.15 pm	15 Min.	Mr.Ashish G.
10.	Theory Lecture 2	2.15 to 3.15 pm	60 Min.	Mr.Ashish G.
	Short Break	3.15 to 3.30 pm	15 Min.	-
11.	Revision Of Lecture	3.30 to 4.30 pm	60 Min.	Mr.Yogesh Sir
12.	Group Activity:	4.30 pm to 5.30 pm	60 Min.	Mr.Yogesh Sir
13.	End Of CNE Day 2	5.30 pm	-	-



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REPORT ON CNE ON BASICS OF PHARMACOLOGY

- Date of Event: 11th sept 2025
- Time: 02:00 PM To 5:00 PM
- Venue: Sakhar Kamgar Hospital Trust Seva Nursing College, Shrirampur

Introduction

Continuing Nursing Education (CNE) on Basics of pharmacology was conducted on 11th sept 2025 at Sakhar Kamgar Hospital Trust Seva Nursing College. The event aimed to provide valuable hands-on training and knowledge to nursing students and staff on the use of emergency drugs in critical/emergency condition. The CNE organized by the Mr. Mahesh Ingole, Clinical Instructor, provided an interactive platform for learning and skill development in emergency care. Program was held from 02:00 PM To 5:00 PM, and it was attended by college staff and students.

Subject Expert:

The event was honoured with the presence of several esteemed guests:

Sr.No.	Name Of Resource Person	Educational Qualifications	Working Institute	Contact Details	Syllabus To Be Cover
1	Mr. Suraj Gholap	M. Pharm	Wani College Of Pharmacy Ganegaon, Rahuri	7387188565	Drugs Used In Respiratory, Cardiovascular, Endocrine, Nervous System,.

Presence of lecturer added value and significance to the event, as they shared their knowledge and insights on use of emergency drugs in critical/emergency condition and training in the nursing profession.

Participants:

Workshop was attended by:

- 3rd-semester BSc Nursing students
- 4th-semester BSc Nursing students
- Hospital staff

Organizing team

Mr. Mahesh Ingole sir and 3rd-semester BSc Nursing students were responsible for organizing the event. They meticulously planned and coordinated all aspects of the CNE, from inviting the guest speakers to arranging the necessary materials and equipment. Their efforts ensured the event was both informative and engaging.

Budget and expenditure

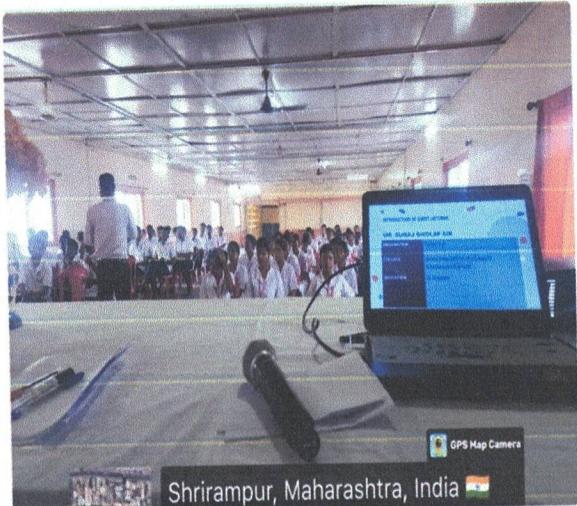
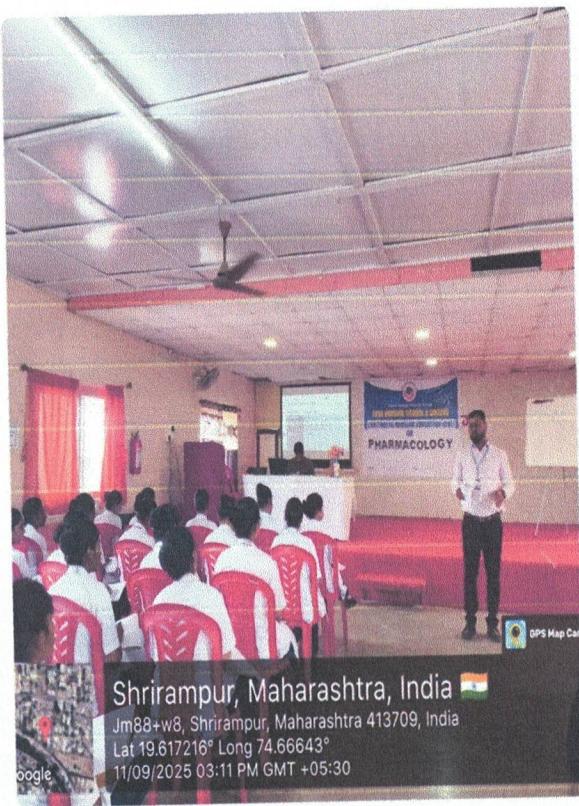
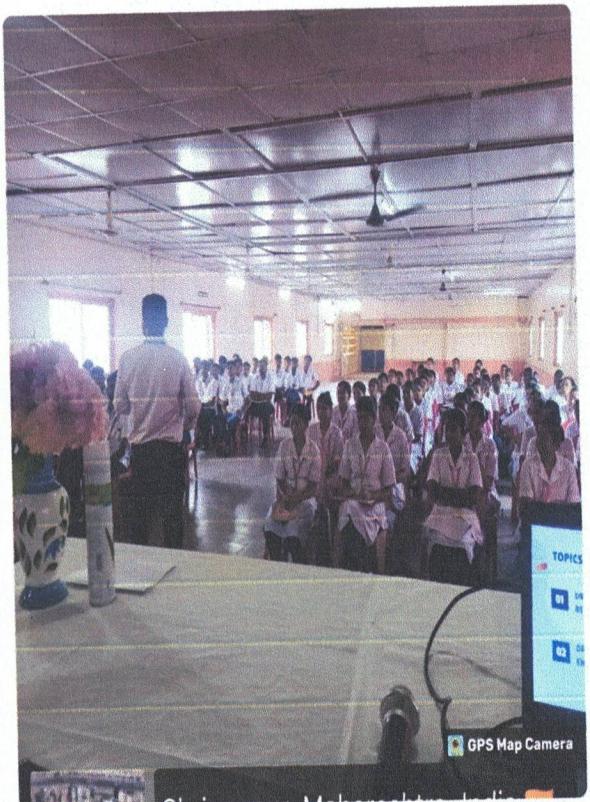
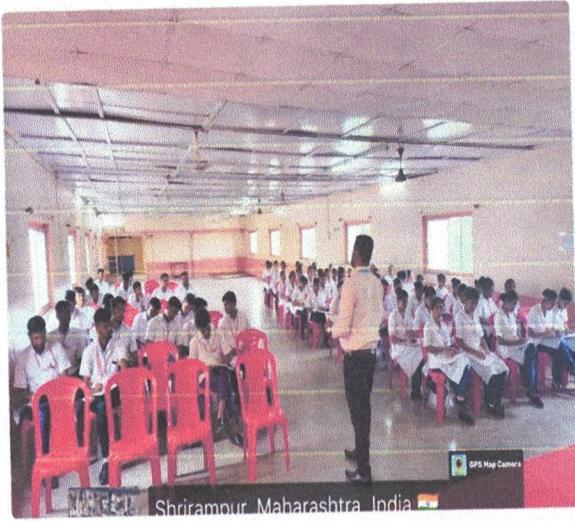
Total budget allocated for the CNE on Basics of pharmacology was ₹4,000.

Program schedule

Continuing Nursing Education (CNE) on Basics of pharmacology was a comprehensive session that focused on use of emergency drugs in critical/emergency condition and training in the nursing profession. The program unfolded as follows:

S.N.	Title of event	Time	Duration	Honoured by
1	Morning Attendance & Introduction Of Guest	02:00 to 02:10 pm	10 min.	Mr. Mahesh Ingole
2	Theory Lecture 1 :	02:10 to 03:20 pm	70 min.	Mr. Suraj Gholap
3	Short Break	03:20 to 03:30 pm	10 min.	-
4	Revision 1 st Lecture	03:30 to 03:50 pm	20 min.	Mr. Suraj Gholap
5	Theory Lecture 2 :	03:50 to 05:00 pm	70 min.	Mr. Suraj Gholap
6	End Of CNE	05.00 pm	-	-
7	Vote of thanks	05:00 to 05:15 pm	15 min	-

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SAKHAR KAMGAR HOSPITAL TRUSTS SEVA NURSING COLLEGE, SHIRIRAMPUR CONTINUING NURSING EDUCATION PROGRAM ON "BASICS OF MICROBIOLOGY"

Date of Program: 6th and 7th November 2025

Venue: Multipurpose hall of third floor

Supervisors: Ms. Gayatri Gawade

Time of Program: 10:00 am to 4:00 pm

Participants: III Semester B.Sc. Nursing

Expert: Mr. Vasim Salim Shaikh

Topics:

- Pathogenic Organisms: Morphology of Pathogenic Organisms
- Infection Control:Nosocomial Infections, Prevention of MRSA (Methicillin-resistant Staphylococcus aureus) and MDRO (Multi-Drug Resistant Organisms) in Healthcare Settings
- Microorganism Identification:Identification of Disease-Producing Microorganisms
- Types of Staining:Specific Microorganisms: DNA and RNA Viruses
- Antibiotic Management: Antibiotic Stewardship, Importance of Antibiotic Stewardship, Anti-Microbial Resistance (AMR).

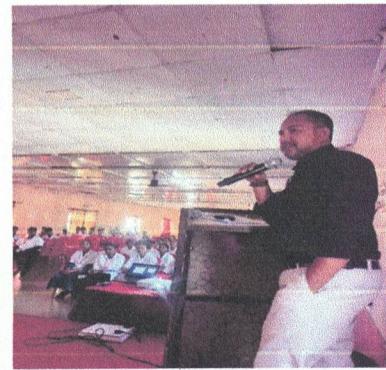
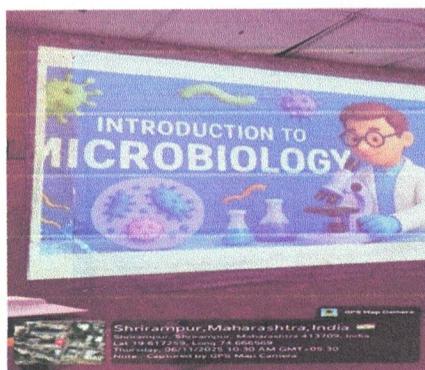
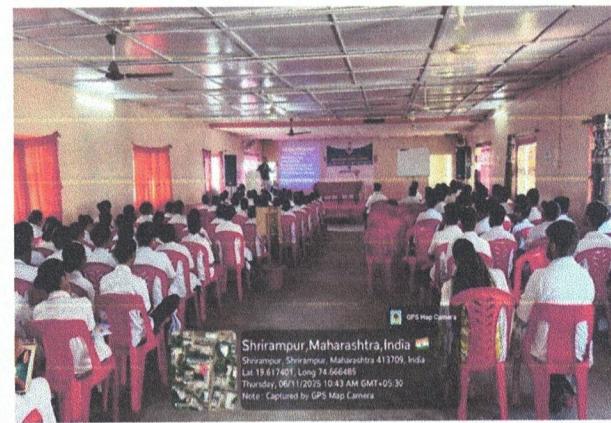
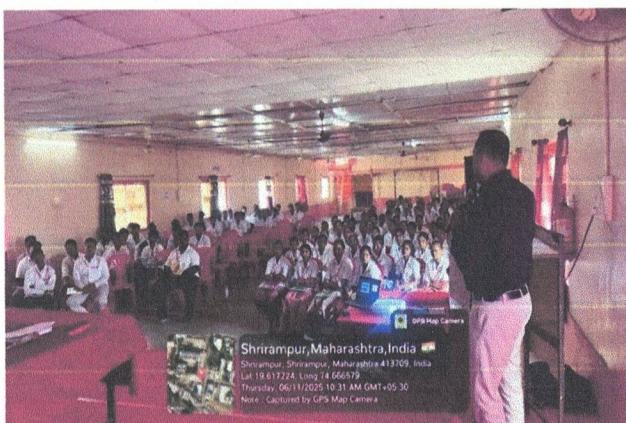
Description of Event Schedule

Two-day Continuing Nursing Education program was systematically conducted from 10:00 am to 4:00 pm on both 6 and 7th November 2025. The sessions were led by Mr. VasimSalimShaikh, who delivered detailed presentations covering the fundamental concepts and clinical relevance of microbiology. The schedule ensured focused learning, starting with the basics like the morphology of pathogenic organisms and types of staining, progressing to critical contemporary issues such as Nosocomial Infections, DNA and RNA Viruses, and the identification of disease-producing microorganisms. A significant portion of the program was dedicated to the crucial topics of Anti-Microbial Resistance (AMR), the principles and importance of Antibiotic Stewardship, and practical strategies for the prevention of highly resistant organisms like MRSA and MDRO in clinical settings, ensuring a thorough grounding in infection control and safe clinical practices for all participating students.

Conclusion

- Overall Outcome: The CNE program was successfully organized and executed.
- Key Achievement: The program provided valuable insights into infection control and safe clinical practices.
- Impact on Students: It significantly enhanced students' understanding of microbiological concepts and their direct application in professional nursing care.





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Morning College

Continuous nursing education organized by Seva Nursing College, Shrirampur
REPORT OF CNE ON BLS & ACLS

Time: 10am to 4pm

Date: 26 & 27 November

Venue: MPH Hall

Organized By: Ms. Sonali Shinde And Mr. Sanket Bhalerao

Participants: Hospital staff & Students

Resource Person: Mr. Chetan Borude

Time	Topic	Details
10:15–10:30	Introduction	BLS, Chain of survival, Good Samaritan Act, Roles
10:30–11:15	Primary Survey (ABCDE)	Airway → Breathing → Circulation → Disability → Exposure
11:15–12:00	Trauma Management	Bleeding control, splinting, fractures, spine precautions, burns
12:00–12.30	Adult BLS Assessment	Scene safety, response, call for help, pulse, breathing
12:30–1.00	Adult CPR Concepts	30:2 ratio, depth, hand position, rescue breaths, AED basics
Lunch Break		
10:15–10:30	Recap of Day 1	Mistake correction, quick demo review
10:30–11:15	Child BLS Theory	Age, pulse, depth,
11:15–12:00	Child BLS Practical	CPR + AED practice
12:00–12.30	Infant BLS Theory	Pulse, depth, 2-finger/2-thumb method, breaths
12:30–1.00	Infant BLS Practical	CPR, ventilations, AED demo
1:00–2.00	Lunch	
2:00–2:30	Choking Management	Adult/child thrusts; infant back blows + chest thrusts
2:30–3:30	Trauma Scenarios	RTA simulation, fall injury, bleeding + shock
3:30–4:00	Final Examination	MCQs + practical (adult/child/infant BLS, choking, ABCDE)

Introduction: A two-day Continuing Nursing Education (CNE) programme on Basic Life Support (BLS) was conducted on 26 and 27 November at our institute. The objective of the programme was to enhance the knowledge, skill, and confidence of students and staff in managing life-threatening emergencies. The session was conducted under the expert guidance of BLS instructor Mr. Chetan Borude, who facilitated both theoretical and practical components.

Objectives of the CNE

1. To improve the understanding of the BLS principles and protocols.
2. To train participants in Cardiopulmonary Resuscitation (CPR) for adults.
3. To provide hands-on practice on AED use, rescue breathing, and choking management.
4. To enable participants to respond effectively during cardiac arrest, respiratory emergencies, and sudden collapse.

Overview of the Sessions

Day 1 – Theory Session

The workshop began with an introduction to the importance of Basic Life Support and its role in saving lives. The instructor explained:

- Pre test
- Chain of Survival
- Early recognition and activation of emergency services
- Initial assessment of an unconscious victim
- Scene safety and universal precautions
- Causes of cardiac arrest and respiratory failure

This was followed by demonstrations on:

- High quality chest compressions

- Rescue breaths with barrier devices
- Adult CPR ratio and technique
- Recovery position

Day 2 – Practical Skill Training of adult and pediatric CPR.

Participants were divided into small groups for hands-on practice. Instructors supervised each participant to ensure correct technique and competency. Skills taught included:

- Cardiopulmonary Resuscitation (CPR) on adult manikins
- Chest compressions and ventilation practice
- Use of Automated External Defibrillator (AED)
- Relief of foreign-body airway obstruction (choking)
- Post-resuscitation care and positioning
- Post Test
- Feedback

Participation: CNE witnessed enthusiastic participation from students and staff, who actively engaged in discussions, demonstrations, and practice sessions.

Outcome of the Programme: CNE successfully enhanced the participants' ability to:

- Recognize emergencies quickly
- Perform effective CPR
- Use an AED confidently
- Manage choking and unconsciousness
- Provide immediate, lifesaving interventions until advanced care arrives

Participants reported improved confidence and readiness to respond to real-life emergencies.

Conclusion

Two-day Basic Life Support (BLS) CNE proved to be highly beneficial and skill-oriented. It strengthened the emergency care competencies of the participants and emphasized the importance of timely response during critical situations. The institute extends sincere gratitude to Mr. Chetan Borude for his valuable guidance and engaging teaching.

Day-1



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Day - 2



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Sakhar kamgar hospital trusts seva nursing college, shrirampur
Workshop on basics of English

Date: 14 & 15 Nov 2025

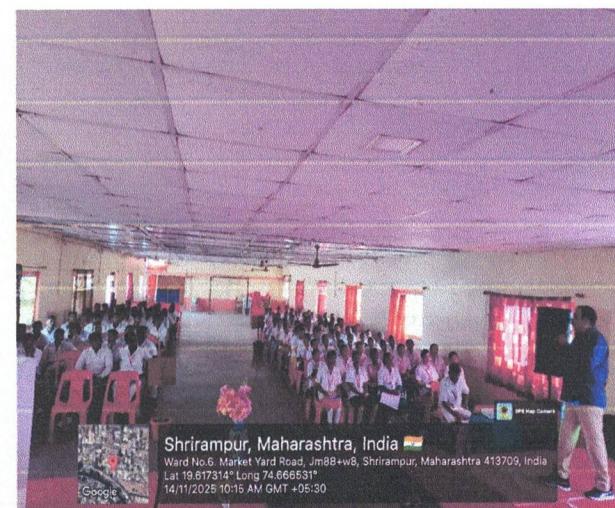
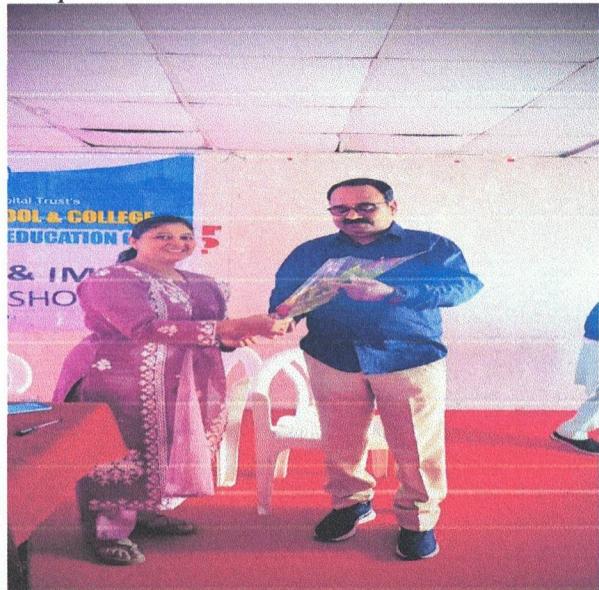
Duartion: Two Days

Resource Perosn: Dr. Avinash Shirasath

Time: 09am to 5pm

Venue: Multiple Purpose Hall, Third Floor

Particpants: First Sem & First GNM



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14.11.2025 - Day 1:

Foundations of English

- 10:00 – 10:15 → Registration & Icebreaker
- 10:15 – 10:45 → Introduction to English Language
- 10:45 – 11:30 → English Alphabet & Pronunciation
- 11:30 – 11:45 → Break
- 11:45 – 12:30 → Basic Vocabulary (Common words & meanings)
- 12:30 – 1:00 → Simple Greetings & Introductions (Practice)

Basic Grammar & Sentence Formation

- 2:00 – 2:15 → Revision of Day 1
- 2:15 – 3:00 → Parts of Speech (Noun, Pronoun, Verb)
- 3:00 – 3:30 → Simple Tenses (Present tense)
- 3:30 – 3:45 → Break
- 3:45 – 4:30 → Making Simple Sentences
- 4:30 – 5:00 → Speaking Practice (Daily life sentences)

15.11.2025 - Day 2:

Communication Skills

- 10:00 – 10:15 → Warm-up Activity
- 10:15 – 11:00 → Asking & Answering Simple Questions
- 11:00 – 11:30 → Common Daily Conversations
- 11:30 – 11:45 → Break
- 11:45 – 12:30 → Role Play & Group Activities
- 12:30 – 1:00 → Feedback, Q&A & Certificate Distribution

Conclusion of linguistic skill development

- 2:00 – 2:15 → Feedback & discussion
- 2:15 – 3:00 → Exchange of ideas on English language learning
- 3:00 – 3:30 → Professional development for participants
- 3:30 – 4:00 → Networking among educators and learners

Report on Workshop on Basics of English

A workshop on “Basics of English” was successfully conducted on 14th & 15th Nov 2025 at SKH Trusts Seva Nursing College. Workshop was organized by subject Incharge Ms. Aarti Bagul with the objective of improving basics of english language skills among first GNM & First Semester BSc Nursing students. Workshop began with a welcome address by Dr. Avinash Shirasath, who highlighted the importance of English in academic and professional life. The resource person, Dr. Avinash Shirasath, introduced the participants to the fundamentals of the English language in a simple and interactive manner. Sessions covered essential topics such as English alphabet and pronunciation, basic vocabulary, parts of speech, sentence formation, and simple daily conversations. Special emphasis was given to improving speaking skills and confidence. The trainer used engaging methods like interactive discussions, role plays, group activities, and practical exercises, which helped participants, understand the concepts easily. Students actively took part in all activities and showed great enthusiasm throughout the workshop. Doubts were clarified during question-and-answer sessions, making the learning process effective and enjoyable. Workshop concluded with a feedback session, where participants expressed their satisfaction and appreciation for the well-structured content and practical approach. Certificates were distributed to the participants, and the program ended with a vote of thanks. Overall, the workshop was highly beneficial and achieved its objective of strengthening the basic English language skills of the participants.

SAKHAR KAMGAR HOSPITAL TRUSTS SEVA NURSING COLLEGE

Date: 09 December 2025

Time: 10:30 AM

Venue: Multi-Purpose Hall (MPH)

Group: BSC Nursing students

Programme In-Charge: Miss Shweta Waghmare & Miss Komal More

1. Introduction

Menstrual health and hygiene is an essential component of women's physical, mental, and social well-being. Awareness regarding menstruation, hygienic practices, and the use of safe menstrual products plays a crucial role in preventing infections and promoting dignity among women and girls. With this objective, SKH Trust's Seva Nursing School and College organized a Menstrual Health and Hygiene Awareness Programme on 09 December 2025 at 10:30 AM in the Multi-Purpose Hall (MPH). The programme was organized for all female students of the school and college. The main guests of the programme were the esteemed members of Unicharm, who guided the students on menstrual hygiene practices and distributed sanitary pads to all female students.

2. Objectives of the Programme

To create awareness about menstrual health and hygiene

To educate students on safe and hygienic menstrual practices

To break myths, misconceptions, and taboos related to menstruation

To promote confidence, dignity, and self-care among female students

To ensure access to hygienic menstrual products through free distribution of sanitary napkins

3. Organizing Team: The programme was successfully planned and conducted under the guidance of the programme in-charges Miss Shweta Waghmare Ma'am and Miss Komal More Ma'am. Their leadership, coordination, and continuous support ensured smooth execution of the event. Faculty members, non-teaching staff, and student volunteers actively contributed to the success of the programme.

4. Schedule of the Programme

10:00 – 10:05 AM: Introduction of the Programme

10:05 – 10:10 AM: Felicitation of Guests

10:10 – 10:20 AM: Theme Inauguration

10:20 – 10:30 AM: Speech by Guest on the theme "*Together for a Period-Friendly World*"

10:30 – 10:40 AM: Skit by ANM Students

10:40 – 10:50 AM: Speech by Guest of the Programme on *Importance of Menstrual Hygiene*

10:50 – 10:55 AM: Speech by Chief of the Programme

11:00 AM – 02:00 PM: Vote of Thanks

11:00 AM – 02:00 PM: Distribution of Sanitary Napkins

5. Proceedings of the Programme

The programme began with a warm and informative introduction, emphasizing the importance of menstrual health education in today's society. The introduction highlighted the need to create awareness and promote a supportive environment for menstruating girls and women. This was followed by the felicitation of the guests, where the Unicharm members were honored for their valuable presence and contribution towards women's health awareness. Theme inauguration marked the official opening of the programme and focused on the theme "*Together for a Period-Friendly World*". The theme highlighted collective responsibility in promoting menstrual health, hygiene, and dignity.

6. Speech by Guest of Honour: Guest of Honour from Unicharm delivered an inspiring speech on the theme "*Together for a Period-Friendly World*". The speaker emphasized the importance of open discussions on menstruation, availability of hygienic products, and community support in eliminating stigma. The session motivated students to become ambassadors of menstrual health awareness.

7. Importance of Menstrual Hygiene: Guest speaker from Unicharm delivered a detailed talk on the Importance of Menstrual Hygiene. The session included information on:

- Proper use of sanitary napkins
- Frequency of changing pads
- Personal hygiene during menstruation
- Safe disposal of sanitary waste

Prevention of infections and health complications

9. Address by Chief of the Programme: Chief of the Programme addressed the gathering and appreciated the efforts of the organizing team, guests, and students. The speech emphasized the importance of regular awareness programmes and encouraged students to apply this knowledge in their daily lives and community health practices.


Principal

10. Distribution of Sanitary Napkins: From 11:00 AM to 02:00 PM, sanitary napkins were distributed to all female students by the Unicharm team. This initiative ensured access to hygienic menstrual products and reinforced the importance of proper menstrual care.

11. Vote of Thanks: Programme concluded with a **Vote of Thanks**, expressing sincere gratitude to the management of SKH Trust, Unicharm members, programme in-charges Miss Shweta Waghmare Ma'am and Miss Komal More Ma'am, faculty members, student volunteers, and all participants for their cooperation and support.

12. Conclusion: The Menstrual Health and Hygiene Awareness Programme organized by SKH Trust's Seva Nursing School and College on **09 December 2025** was highly successful and impactful. The guidance provided by Unicharm members, along with the distribution of sanitary napkins, significantly contributed to enhancing awareness, confidence, and healthy practices among female students. The programme played a vital role in promoting a period-friendly and supportive environment within the institution. The institution looks forward to organizing similar awareness programmes in the future for the holistic development and well-being of students.



S. Bhosale
Principal
Seva Nursing College
SKH Hospital Trust's

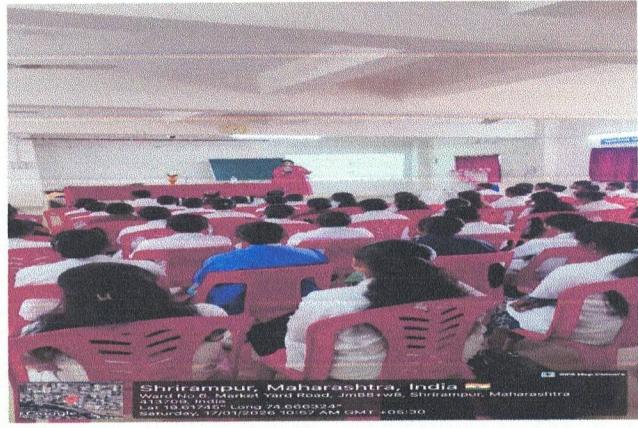
**SAKHAR KAMGAR HOSPITAL TRUSTS SEVA NURSING COLLEGE SEVA NURSING
COLLEGE, SHIRAMPUR
WORKSHOP - GUIDANCE ON JOBS IN FOREIGN COUNTRIES**

Date: 17.1.2026

Venue Ground Floor Hall

Day: Saturday time:10am

Organizer: Nikhil Kharde Sir & Akash Pawar Sir



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SAKHAR KAMGAR HOSPITAL TRUSTS SEVA NURSING COLLEGE, SHRIRAMPUR
WORKSHOP ON BASICS OF BANDAGING

DATE: 7TH & 8TH OF JANUARY 2026
DURATION: 2 DAYS
VENUE: 3RD FLOOR MPH
I SEM BSC NURSING

DAY: WEDNESDAY & THURSDAY
TIME: 09AM TO 5PM
ORGANIZER: MIGHILA NAIR & AKASH PAWAR
PARTICIPANT'S: AARTI DETHE



SAKHAR KAMGAR HOSPITAL TRUSTS SEVA NURSING COLLEGE, SHRIRAMPUR.

WORKSHOPS & CNE ATTENDED BY TEACHERS OF SEVA NURSING COLLEGE

SN.	Name of staff	Date of CNE	Department	Organizer	Topic
1	Mr. Shaikh Ajmoddin Riyajoddin	05.02.2025	Mental health department	Ms. Syeda Ayesha Jabeen, a Freelance Trainer in Psychology.	Epilepsy- its classification, causes, symptoms, types, diagnosis & first aid.
2	Ms. Gawade Gayatri Ramakant	05.02.2025	Mental health department	Ms. Syeda Ayesha Jabeen, a Freelance Trainer in Psychology.	Epilepsy- its classification, causes, symptoms, types, diagnosis & first aid.
3	Mr. Shaikh Ajmoddin Riyajoddin	13.10.2025	Mental health and community health nursing department	Mental the Genuine quality Health & Community Health Nursing Department, BharatiVidyapeeth	Strengthening Access and Crisis Response in Mental Health
4	Ms. Gawade Gayatri Ramakant	13.10.2025	Mental health and community health nursing department	Mental the Genuine quality Health & Community Health Nursing Department, BharatiVidyapeeth	Strengthening Access and Crisis Response in Mental Health
5	Mr. Shirasath Sandesh Suresh	13.10.2025	Mental health and comm. health nursing depart.	Mental the Genuine quality Health &Comm. HealthNsg Department, Bharatividyapith	Strengthening Access and Crisis Response in Mental Health
6	Ms. Patharkar Kanchan	16.12.2025	Advance nursing department	Saint Lukes Nursing College, Shrirampur	Career opportunities for nurses
7	Ms. Shinde Sonali Balsahab	16.12.2025	Advance nursing department	Saint Lukes Nursing College, Shrirampur	Career opportunities for nurses


Principal
Seva Nursing College
 Sakhar Kamgar Hospital Trust's
 Shrirampur, Dist. Ahilyanagar



St. Luke's Hospital, College of Nursing, Shrirampur

Shrirampur, Dist. Ahilyanagar

Certificate

This is to certify that

Mt./Mrs./Ms./Sr.

KANCHAN PATHAKAR.

attended conference on **Career Opportunities in Nursing** as Delegate / Organizer, held at
St. Luke's Hospital, College of Nursing, Shrirampur on **16 / 12 / 25**

S. Reena George
Sr. Reena George
Principal

Gaikwad
Miss. Nishigandha Gaikwad
Conference Coordinator

Gaikwad
Mr. Prashant Gaikwad
Conference Advisor

Bhuseal
Principal

St. Luke's Hospital, College of Nursing, Shrirampur

Shrirampur, Dist. Ahilyanagar

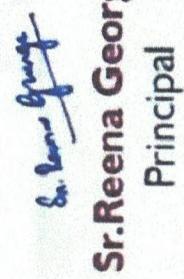


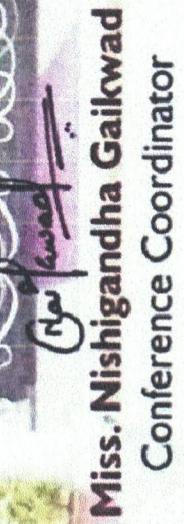
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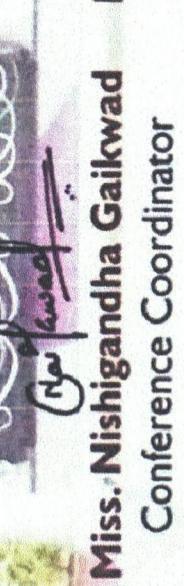
This is to certify that

Mt./Mrs./Ms./Sr. KANCHAN PANTHAKAR has

attended conference on **Career Opportunities in Nursing** as **Delegate / Organizer**, held at
St. Luke's Hospital, College of Nursing, Shrirampur on 16 / 12 / 25


Sr. Reena George
Principal


Miss. Nishigandha Gaikwad
Conference Coordinator


Mr. Prashant Gailwad
Conference Advisor


Principal


Seva Nursing College
Sakhar Kamgar Hospital Trust's
Shrirampur, Dist. Ahilyanagar

MARATHA VIDYA PRASARAK SAMAJ'S

INSTITUTE OF NURSING EDUCATION

Dr. Vasantrao Pawar Medical College, Hospital & Research Centre Campus, Yasanidada Nagar, Adgaon, Nashik-043



CERTIFICATE OF ATTENDENCE

This is to certify that Dr. / Mr. / Ms. Abhay Upendra Amolik has actively participated as Resource Person / Organizer / Delegate in the 2nd State level Conference on "Integration of Comprehensive Forensic Nursing" held on 19th September 2024 at Maratha Vidya Prasarak Samaj's Institute of Nursing Education, Adgaon, Nashik.

Samaj's Institute of Nursing Education, Adgaon, Nashik.


Ms. Kumari Nutan
Organizing Secretary
M.V.P.S.I.N.E. Nashik


Dr. Pournima P. Naik
Organizing Chairperson
M.V.P.S.I.N.E. Nashik


Adv. Nitin B. Thakare
Sachitnis
Maratha Vidya Prasarak Samaj, Nashik
Principal

Seva Nursing College
Sakhari Kamdar Hospital Trust's
Chinchwad, Dist. Amravati, Maharashtra

MARATHA VIDYA PRASARAK SAMAJ'S

INSTITUTE OF NURSING EDUCATION

Dr. Vasantrao Pawar Medical College, Hospital & Research Centre Campus, Vasantdada Nagar, Adgaon, Nashik-03



2nd STATE LEVEL CONFERENCE

CERTIFICATE OF ATTENDANCE

This is to certify that Dr. / Mr. / Ms. Tushar Ramkrushna Misal

has actively participated as Resource Person / Organizer / Delegate in the 2nd State level Conference on

"Integration of Comprehensive Forensic Nursing" held on 19th September 2024 at Maratha Vidya Prasarak

Samaj's Institute of Nursing Education, Adgaon, Nashik.


Ms. Kumari Nutan

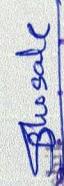
Organizing Secretary
M.V.P.S.I.N.E. Nashik


Dr. Pournima P. Naik

Organizing Chairperson
M.V.P.S.I.N.E. Nashik


Adv. Nitin B. Thakare

Sarchitmis
Maratha Vidya Prasarak Samaj, Nashik


Dr. B. B. Balsal

Seva Nursing College
Sakhar Kaimgaon Samaj, Nashik
Principal
Sakhar Kaimgaon Hospital Trust's
Shirampur, Dist: Ahmednagar

CERTIFICATE OF PARTICIPATION

E - WORKSHOP ON EPILEPSY

AN INITIATIVE TO CREATING AWARENESS ON EPILEPSY

THIS CERTIFICATE IS AWARDED TO

SHAIKH AJMODDIN RIYAJODDIN

Has participated in the e-workshop on 'Epilepsy- its classification, causes, symptoms, types, diagnosis, advice for patients & some tips on first aid' conducted by Syeda Ayesha Jabeen, a Freelance Trainer in Psychology.

2. सुनील

SYEDA AYESHA JABEEN

Freelance Trainer in Psychology

06 FEBRUARY 2025

THURSDAY

To verify this certificate contact the trainer at this link

<https://www.facebook.com/aesha.maryam>

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ICE Thirampur, Dist. Ahilyanagar



Bharati Vidyapeeth (Deemed to be University)

Accredited with 'A+' Grade (CGPA 3.60) by NAAC
Category – I University status by UGC
NIRF Ranking - 59

College of Nursing, Navi Mumbai

INTERNAL QUALITY ASSURANCE CELL (IQAC) &

MENTAL HEALTH AND COMMUNITY HEALTH NURSING DEPARTMENT

Certification of Participation

This is to certify that,

Mr. Shaikh Ajmoddin Riyajoddin, Seva Nursing College, Shrirampur has participated as Delegate in **National Webinar** on Topic: "**Strengthening Access and Crisis Response in Mental Health**" organized by IQAC Cell in collaboration with Mental Health & Community Health Nursing Department, Bharati Vidyapeeth (Deemed to be University), College of Nursing, Navi Mumbai, held on Monday, 13th October 2025.

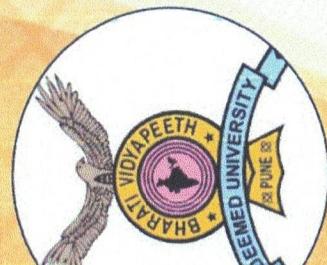
IQAC & NAAC Co-ordinator
Dr. Arunima Sreeletha,
Associate Professor
Bharati Vidyapeeth
(Deemed to be University)
College of Nursing, Navi Mumbai
(Deemed to be University)

Organizing Co-Secretary
Mr. Parshuram Deshmukh,
Assistant Professor
Bharati Vidyapeeth
(Deemed to be University)
College of Nursing, Navi Mumbai

Organizing Secretary
Dr. Sunil Kulkarni,
Professor
Bharati Vidyapeeth
(Deemed to be University)
College of Nursing, Navi Mumbai

Organizing Chairperson –
Dr. Prof. Vaishali Jadhav,
Dean Faculty of Nursing, Principal
Bharati Vidyapeeth
(Deemed to be University)
College of Nursing, Navi Mumbai

Principal
Seva Nursing College
Sakhar Kamgar Hospital Trust's
Shrirampur, Dist. Ahilyanagar





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MENTAL HEALTH AND COMMUNITY HEALTH NURSING DEPARTMENT



Certification of Participation

This is to certify that,

Ms. Gayatri Ramakant, Seva Nursing College, Shrirampur has participated as **Delegate** in **National Webinar** on
Topic: "Strengthening Access and Crisis Response in Mental Health" organized by IQAC Cell in collaboration with Mental Health & Community Health Nursing Department, Bharati Vidyapeeth (Deemed to be University), College of Nursing, Navi Mumbai, held on Monday, 13th October 2025.

IQAC & NAAC Co-ordinator
Dr. Arunima Sreeetha,
Associate Professor
Bharati Vidyapeeth
(Deemed to be University)
College of Nursing, Navi Mumbai

Organizing Co-Secretary
Mr. Parshuram Deshmukh,
Assistant Professor
Bharati Vidyapeeth
(Deemed to be University)
College of Nursing, Navi Mumbai

Organizing Secretary
Dr. Sunil Kulkarni,
Professor
Bharati Vidyapeeth
(Deemed to be University)
College of Nursing, Navi Mumbai

Organizing Chairperson –
Dr. Prof. Vaishali Jadhav,
Dean Faculty of Nursing, Principal
Bharati Vidyapeeth
(Deemed to be University)
College of Nursing, Navi Mumbai

Principal
Seva Nursing College
Sakhar Kamgar Hospital Trust's
Shrirampur, Dist. Ahilyanagar

CERTIFICATE OF PARTICIPATION

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AN INITIATIVE TO CREATING AWARENESS ON EPILEPSY

THIS CERTIFICATE IS AWARDED TO

GAWADE GAYATRI RAMAKANT

Has participated in the e-workshop on 'Epilepsy- its classification, causes, symptoms, types, diagnosis, advice for patients & some tips on first aid' conducted by Syeda Ayesha Jabeen, a Freelance Trainer in Psychology.

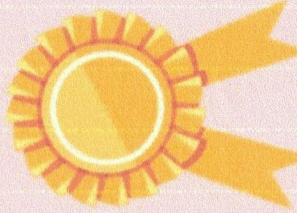


SYEDA AYESHA JABEEN

Freelance Trainer in Psychology

06 FEBRUARY 2025

THURSDAY



To verify this certificate contact the trainer at this link

<https://www.facebook.com/aesha.maryam>


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NOTE: THIS CERTIFICATE CANNOT BE USED ON PATIENTS FOR PRACTICE

SAKHAR KMGAR HOSPITAL TRUSTS ,SEVA NURSING COLLEGE, SHRIRAMPUR

CONTINUOUS NURSING EDUCATION

TOPIC :-SAFE DELIVERY APP MODULE

MONTH : OCTOMBER,NOVEMBER

MODE :ONLINE

CLASS:- VII SEM

INCHARGE FACULTY :-KANCHAN SACHINSARANGDHAR

SR.NO	NAME OF STUDENTS ATTENDEE
1	Aher Devendra Shankar
2	Alhat Shweta Anil
3	Amolik Abhay Upendra
4	Barse Pankaj Suresh
5	Barve Vaishnavi Sunil
6	Bhosale Rahul Chandrakant
7	Bhoye Pranali Suresh
8	Bhusal Sanket Raybhan
9	Bikkad Madhuri Mahadev
10	Chaudhari Hrushikesh Rajendra
11	Dandge Mayuri Raosaheb
12	Gadekar Nikita Sunil
13	Gaike Akash Ganesh
14	Gaikwad Sahil Subhash
15	Gaikwad Sakshi Arun
16	Gaikwad Sudarshan Pramod
17	Girhepunje Shraddha Shrawan
18	Ingle Prerana Vinod
19	Jadhav Anand Sanjay
20	Jadhav Priti Michael

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21	Kadam Nisarg Mahadev
22	Kshetre Kajol Rajendra
23	Lahare Pritam Dilip
24	Metkar Sangam Narayan
25	Misal Tushar Ramkrushna
26	More Aditya Shivaji
27	Nannaware Anurag Vijay
28	Pande Priyanka Sunil
29	Pathan Firoj Yunus
30	Rananaware Kundan Babasaheb
31	Raut Abhishek Bharat
32	Sabale Mahesh Dattatraya
33	Shinde Mahesh Ravindra
34	Sonawane Priyanka Vijay
35	Suryawanshi Ganesh Pandharinath
36	Thokal Vishal Shivaji
37	Wable Parikshit Chandrakant

Anurag Vijay

Sign Of Programme Incharge

Abhishek Bharat

Sign of Principal

Abhishek Bharat

Principal

Seva Nursing College
Sakhar Kamgar Hospital Trust's
Shrirampur, Dist. Ahilyanagar

★ CERTIFICATE ★



Omaternity
FOUNDATION

This certificate is granted to

Nursing Student

Tushar Misal

for successfully completing the MyLearning certification exam in the Safe Delivery App and earning the title of:



The Indian Nursing Council has awarded
15 CNE credit hours for this.

Dr. T. Dilip Kumar
President
Indian Nursing Council



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RESEARCH



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RESEARCH

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Anna Freilisen
CEO

Principals
Foundation

Seva Nursing College
Sakhar Kemper Hospital Trust's
Shrirampur, Dist. Aligarh, Uttar Pradesh



★ CERTIFICATE ★



This certificate is granted to

NURSING STUDENT

ABHAYUPENDRAAMOLIK

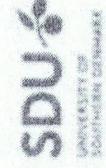
for successfully completing the MyLearning certification exam in the Safe Delivery App and earning the title of:



The Indian Nursing Council has awarded
15 CNE credit hours for this.

[Signature]

Dr. T. Dileep Kumar
President
Indian Nursing Council



Anna Frellsen



Seva Nursing College
Sakhar Kamgar Hospital Trust's
Shirampur, Dist. Aihinagar



★ CERTIFICATE ★

Maternity
FOUNDATION

This certificate is granted to

Nursing Student

Anand jadhav

for successfully completing the MyLearning
certification exam in the Safe Delivery App
and earning the title of:



The Indian Nursing Council has awarded
15 CNE credit hours for this.

Dr. T. Dilip Kumar
President
Indian Nursing Council



01.11.2025



ID: 27667-E60M0

Anna Frellsen
CEO
Maternity Foundation

Principal

Seva Nursing College
Sakhar Kamgar Hospital Trust's
Shirampur, Dist. Ahilyanagar

★ CERTIFICATE ★



This certificate is granted to

NURSING STUDENT

RAIT ABHISHEK

30,10,2025

certification exam in the Safe Delivery App and earning the title of

SAFE DELIVERY
CHAMPION

ID: 22C16-BR9A9

The Indian Nursing Council has awarded 15 CNE credit hours for this.


Dr. T. Dilip Kumar
President
Indian Nursing Council



SDU
UNIVERSITY OF SOUTHERN DENMARK

Matthew B. Blose, CEO
Matthew B. Blose, CEO
Matthew B. Blose, CEO
Matthew B. Blose, CEO

Principal Seva Nursing College
Sakhar Kamgar Hospital Trust's
Shirtempur, Dist. Aihilyanagar

**SAKHAR KAMGAR HOSPITAL TRUSTS SEVA NURSING COLLEGE, SHIRIRAMPUR
CULTURAL ACTIVITIES**

Farewell party



Christmas celebration



Fresher day



*Blousale
Principal*

Teachers day



Annual gathering



Frances
Principal

Janmashtmi



Ganesh chaturthi



Maharashtra diwas



Navratri festival



Blouse
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Republic day



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Shrirampur, Dist. Ahilyanagar

GREEN CAMPUS REPORT OF SEVA NURSING COLLEGE

Introduction

Seva Nursing College is committed to creating and maintaining a green, clean, and sustainable campus. The Green Campus initiative aims to promote environmental awareness, conservation of natural resources, and eco-friendly practices among students, faculty, and staff.

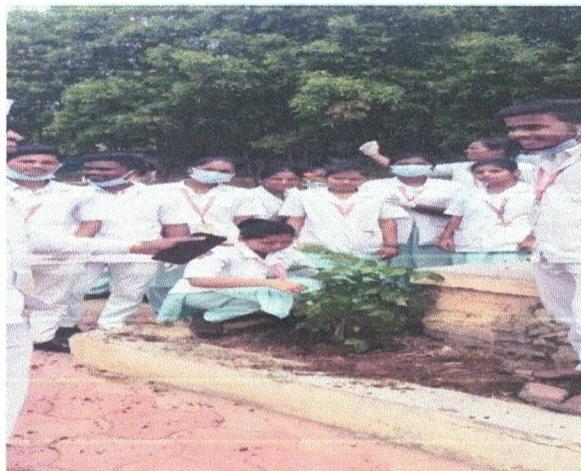
Objectives of Green Campus

- To maintain a pollution-free and eco-friendly campus
- To promote environmental responsibility among students
- To conserve energy, water, and natural resources
- To encourage sustainable and green practices

Greenery & Tree Plantation in the campus of Seva Nursing College

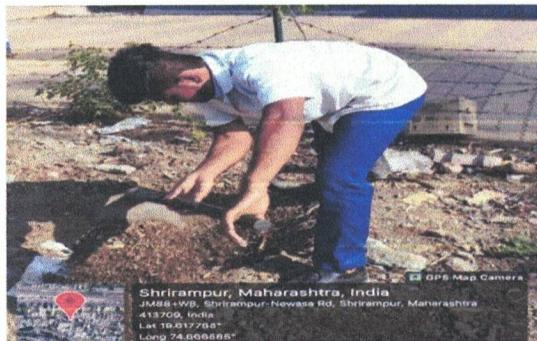
- Regular tree plantation drives conducted within the campus
- Well-maintained gardens and lawns enhancing campus aesthetics
- Student participation in plantation and maintenance activities

Date: 21 march 2025: celebration of world tree plantation day



B. B. Josale
Principal

5 June 2025: World environment day



4. Waste Management Practices

- Segregation of waste into biodegradable and non-biodegradable
- Use of dustbins at strategic locations
- Composting of biodegradable waste (where applicable)
- Awareness programs on waste reduction and recycling

Date: 2.10.2025

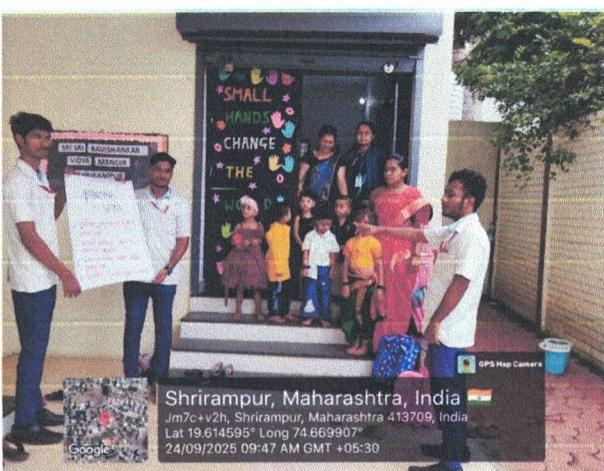


Bluesalc
Principal

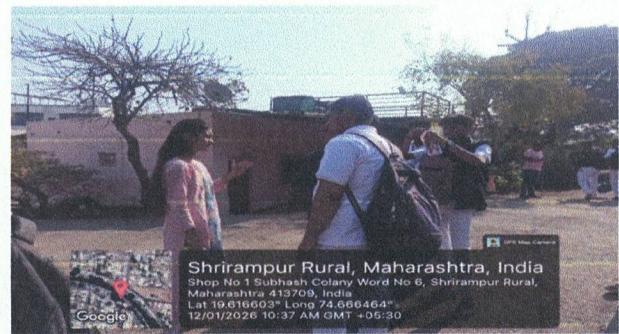
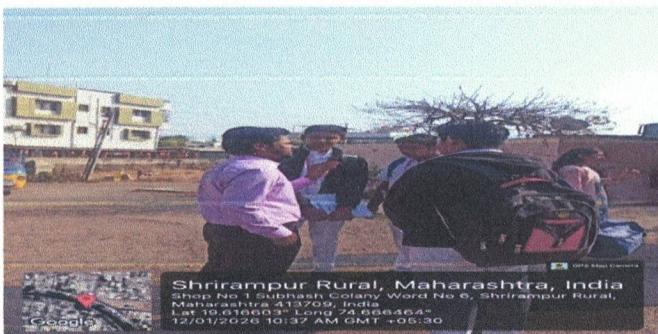
5. Plastic-Free Campus Initiatives

- Discouragement of single-use plastics
- Promotion of reusable bags, bottles, and containers
- Awareness campaigns on plastic pollution

3 July 2025: World plastic prevention day: Health awareness programme on "Forbid the use of plastics"



Date: 12.1.2026: Community awareness on cleanliness drive



6. Energy Conservation Measures

- Use of LED lights and energy-efficient electrical appliances
- Maximum utilization of natural light and ventilation
- Awareness programs on energy conservation



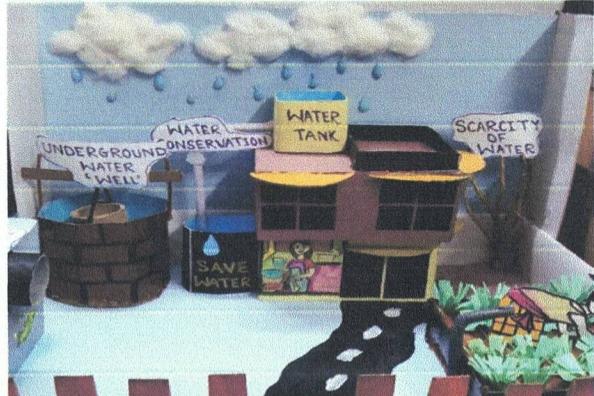
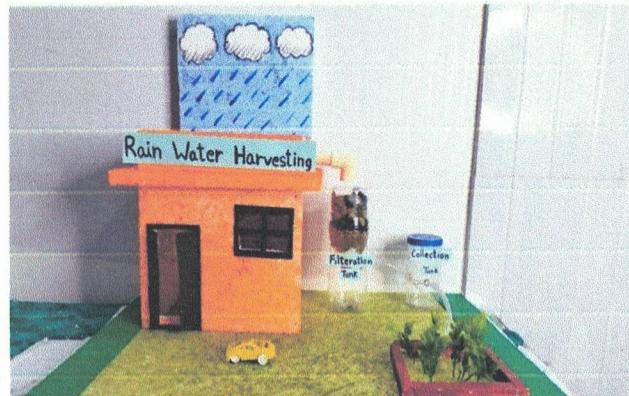
Shusal C
Principal



Date: 1.1.2026: Solar plants in seva nursing college

7. Water Conservation practices

- Rainwater harvesting system (if available)
- Careful use of water on campus
- Regular maintenance of water pipelines to prevent leakage
- Awareness sessions on water conservation



Date: 1.8.2025: Rain water harvest models made by students



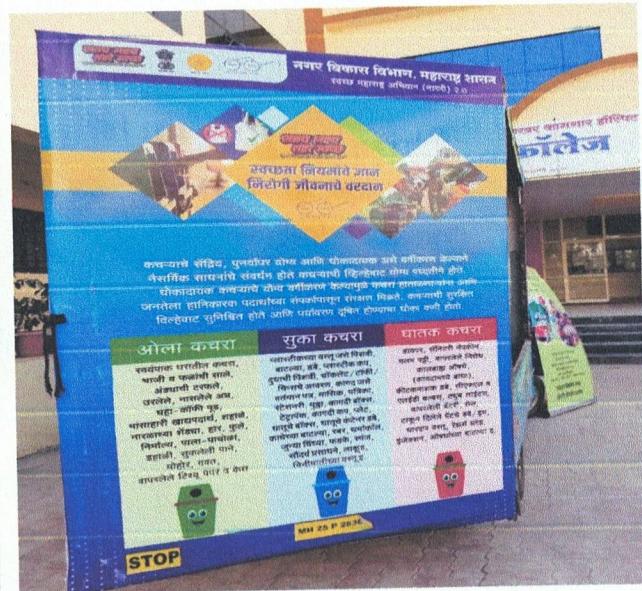
Date: 1.1.2026:Reverse osmosis system

8. Cleanliness & Sanitation

- Regular campus cleaning and sanitation
- Cleanliness drives conducted periodically



Blusale
Principal
Nursing College



30 March 2025 celebrated as International Day of Zero Waste

9. Environmental Awareness Activities

- Celebration of World Environment Day, Van Mahotsav, and other environmental days
- Poster presentations, slogans, and awareness talks
- Community outreach programs on environmental health
- Integration of environmental education in nursing curriculum.
-

Bhosale
Principal
Seva Nursing College
Dekbar Kamgar Hospital Trust's



10. Student & Faculty Participation

- Active involvement of students, faculty, and non-teaching staff
- Formation of eco-club / green committee (if applicable)
- Voluntary participation in green initiatives



Blusale
Principal
Seva Nursing College

Research projects carried out by Post Basic BSc Students-AY 2025-26

SN	Name	Name students	Research Statement
1	BANSODE ARTI VISHWANATH	Mr.Shaikh Ajmoddin	A study assess the effectiveness of structured teaching programme on life style modification of HIV patients admitted in private hospitals in selected city
2	BANSODE PRANITA RAUSAHEB		
3	BARDE SHITAL SUBHASH		
4	BELDAR SHREYASH RAJENDRA		
5	BELKAR BHARGAV TUKARAM		
6	BHANGARE ANKITA DNYANESHWAR		
7	BHINGARKAR GAYATRI VASANT		
8	BHOSALE KAJAL SURESH		
9	BHOSALE KARUNA MAHENDRA		
10	BHOSALE SAYALI SURESH		
11	BICHAKULE PRATIKSHA HANUMANT	Ms. Patharkar Kanchan	Descriptive research study to assess the knowledge and practice of care givers regarding home care management of elderly patients dweling in selected community areas of selected city
12	BODHAK MONAL SUNIL		
13	BRAMHANE KARUNA ANIL		
14	DHERE VAIBHAV BABASAHEB		
15	GAGARE PALLAVI SANJAY		
16	GAIKWAD PRITI RAJENDRA		
17	GAIKWAD RUTVIK SANJAY		
18	GAIKWAD STEPHY BABAN		
19	GAJBHIV AKASH KAILAS		
20	GORE ARCHANA RAGHUNATH		
21	HARADE MAYURI GORAKH	Mr.Shirsath Sandesh	A descriptive research study to assess Swine flu preventive practices followed by residents of slum areas dwelling in selected areas of shrirampur
22	JAGTAP TEJASWINI BHAUSAHEB		
23	KADAM SHWETA ANIL		
24	KADAM SWATI KAILAS		
25	KHAJEKAR MAYURI FRANCIS		
26	KHARAT TRUPTI SUDAM		
27	KUTE SHILPA KAILAS		
28	LANDE KIRAN DIPAK		
29	LOKHANDE PRATIKSHA KAILAS		
30	LONDHE KOMAL SUHAS		
31	MAGAR PARCHI RAJU	Ms.Gawade Gayatri	A study to identify the factors causing stress among Secondary school Students of selected schools of Shrirampur
32	MAGHADE DIPALI RAJESH		
33	MORE RAKHI KIRAN		
34	NIKALE PRATIKSHA DADASAHEB		
35	NIKAM SARIKA SANJAY		
36	PALANDE RAJ JOHN		
37	PALGHADMAL AKANKSHA VIJAY		
38	PALGHADMAL REKHA RAJENDRA		
39	PALVE POONAM DILIP		
40	PARDHI DARSHANA SAKHARAM		
41	PARDHI PAVITRA HARISHCHANDRA	Mr. Gholap Shivam	A study to determine the quality of life of patients with hiv/aids admitted in anti – retroviral therapy center enrolled in priaive hospitals of Shrirampur, Maharashtra.
42	PARKHE JAIN DILIP		
43	PARKHE NIKITA BALU		
44	PATHARE ADITYA WALMIK		
45	PUJARI SACHIN HARI		
46	SAGARI SANA LAYAKALI		
47	SALVE DIPALI VIJAY		
48	SANT HARSHAL RAVINDRA		
49	SATHE AISHWARYA RAJU		
50	SATPUTE RAM BHAUSAHEB		
51	SONAWANE AARTI DAULAT		Assess bio psychosocial problems and lived
52	TAMBOLI LAJEEENA RAMJAN		
53	TORANE SOHAN ANIL		
54	TRIPATHIYAN ANKANSHA RAJENDRA		

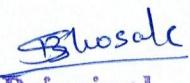
57	VIDHATE NIKITA RAMESH
58	VIKHE ARATI KACHARU
59	WAGH ANJALI MANIKRAO
60	WAGHMARE ASMITA ANIL

Anti-Retroviral Therapy at
tertiary care centers in
Shrirampur

GBhosale
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Seva Nursing College
Sakhar Kamgar Hospital Trust's
Shrirampur, Dist. Ahilyanagar

Research Projects carried out & published by teachers

SN	Name of teacher	Research Title	Date of Publication	Journal	Volume	Issue	ISSN
1	Mr. Ajmoddin Riyajoddin Shaikh	Study to assess the knowledge of mothers and guardians regarding early signs of girl child abuse residing in selected area of selected city guardians regarding early signs of girl child abuse in selected Area of Selected City	Dec-25	Advanced International Journal for Research	Volume No. 6	Issue No. 6	International standard of serial number 3048-7641
2	Ms.Kanchan Nandkumar Patharkar	A study to assess the effectiveness of music therapy on pain and anxiety among cancer patients in Pravara Rural Hospital, Loni.		International Journal of Novel Research and Development	Volume 10	Issue 6	ISSN: 2456-4184
3	Ms. Gayatri Ramakant Gawade	Study to assess the knowledge of mothers and guardians regarding early signs of girl child abuse residing in selected area of selected city guardians regarding early signs of girl child abuse in selected Area of Selected City	Dec-25	Advanced International Journal for Research	Volume No. 6	Issue No. 6	International standard of serial number 3048-7641
4	Ms. Shinde Sonali Balasaheb	A study to evaluate effectiveness of interventional strategies on life style modification and knowledge among hypertensive patients at selected hospitals.	Dec-25	Journal of Emerging Technologies and Innovative Research	Volume 12	Issue 12	ISSN-2349-5162
5	Ajit B. Kadu	To Assess the Level of Anxiety & Depression among the Post Burn Client Admitted In Pravara Rural Hospital, Loni Bk”	Aug-25	International Journal for Research Trends and Innovation	Volume 10	Issue 8	ISSN: 2456-3315
6	Mr. Gholap Shivam Sunil	To Assess the Level of Anxiety & Depression among the Post Burn Client Admitted In Pravara Rural Hospital, Loni Bk”	Aug-25	International Journal for Research Trends and Innovation	Volume 10	Issue 8	ISSN: 2456-3315


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“A STUDY TO EVALUATE EFFECTIVENESS OF INTERVENTIONAL STRATEGIES ON LIFE STYLE MODIFICATION AND KNOWLEDGE AMONG HYPERTENSIVE PATIENTS AT SELECTED HOSPITALS.”

Mis. Sonali Babasaheb Shinde M.Sc. Nursing S.N.D College of Nursing Yeola Nashik

Dr. Bharti Weljale, Principal, S.N.D College of Nursing Yeola Nashik

Mr. Shivam Gholap M.Sc. lecture Nursing Seva Nursing College Shrirampur, Ahilyanagar

ABSTRACT

Background of the study: Hypertension is a leading, modifiable risk factor for cardiovascular disease, stroke, chronic kidney disease and premature death worldwide. Despite the availability of effective pharmacologic treatments, suboptimal blood-pressure control remains common — partly because hypertension is influenced heavily by lifestyle factors (diet, physical activity, alcohol intake, tobacco use, and body weight). Lifestyle modification therefore forms a cornerstone of both primary prevention and long-term management of hypertension. **Objectives:** 1) To assess the existing knowledge and lifestyle status regarding hypertension among hypertensive patients. 2) To evaluate effectiveness of interventional strategies on knowledge and lifestyle status among hypertensive patients. 3) To find out the relationship between knowledge and life style status regarding hypertension among hypertensive patients. 4) To determine association between post-test level of knowledge and lifestyle status among hypertensive patient with selected demographic variables. **Methods:** -The study was quasi- experimental one group pretest and posttest. Quantitative-evaluative approach was adopted for study. Sample size was 60 that consisted hypertensive patients from the selected hospital. Systemic random sampling technique was used for the current study. **Results:** The experimental group showed significant improvements findings regarding effectiveness of the interventional strategies on the lifestyle status reveals that mean of posttest lifestyle status score of the study participants 58.2 ± 5.74 is greater than that of mean of pretest lifestyle status scores of the study participants, i.e. 39.91 ± 6 . and tabulated 't' value was 1.67 at 0.05 level of significance and degree of freedom 59 and calculated 't' value 22.03, was greater than the tabulated 't' value at a level of significance 0.05. Therefore, it proves statistically that the interventional strategies were effective in modifying lifestyle status regarding hypertension among study participants, study findings regarding relationship between two research variables shown that the co-relation score was $r=0.34$ which indicated moderate positive correlation moderate positive correlation.

Conclusion: The interventional strategies were found to be effective in increasing and enhancing patient's knowledge and lifestyle status regarding hypertension. It can be implemented in various hospital and community settings for enhancing knowledge and modifying lifestyle of the patients with hypertension, and other high-risk individuals

Keywords: Evaluate, Effectiveness, Interventional Strategies, Life style Modification, Knowledge, Hypertensive Patients.



A study to assess the effectiveness of music therapy on pain and anxiety among cancer patients in Pravara Rural Hospital, Loni.

Ms.Kanchan Nandkumar Patharkar,Msc Nursing,Associate Professor,Seva Nursing College,Shrirampur

Abstract

Introduction

The incidence and prevalence of cancer in world, is Global cancer rates could increased by 50% to 15 million by 2002 the predicted sharp increased in new cases from 100 million new cases globally in 2000 to 15 million in 2020 will mainly be due to steadily ageing population in both developed & developing countries and also be current trends in smoking prevalence and the growing adoption of un healthy lifestyle. (WHO 2005).

In INDIA, “Cancer Train” offers uncertain route out of despair in India.

In India the “Cancer Express” is a train on which cheap cancer treatment is offered on the more It's a 10 hour ride from a distant in Punjab with a high prevalence discuses blamed on excessive use of pesticides to a charity cancer hospital in neighboring Rajasthan The government population control body found 103 people with cancer in a sample of 100,000 in one area of Bhatinda comp aired to 71 in an area near by with lower pesticide contamination

Music therapy, “A systematic process of intervention where in the therapist helps the client to promote health wing music experiences & the relationships that develop through them as dynamic force of change” The purpose of therapy always to help the client relax, cheer up or feel better in some immediate sense helps in inner healing process. In short it help in a physiological, psychological & immunological benefits.

There are many studies conducted Baily 1983 & Boldt 1996 both of which have been shown to increase specifically through music listening. People with cancer who engaged in music also have benefited in the form of greater physical relaxation & in form of decreased nausea & vomiting associated with chemotherapy.

The another study in which music appears to be particularly in the treatment of cancer related pain (Bailey 1983 Beck 1991, cook 1986) & through playing various musical instruments.

Methods:

200 Patients with chronic and advance cancer illness were prospectively evaluated. The effect of music therapy on these patients are reported. Visual analog scale and behavior scale recorded pre and post music therapy scores on standardized data collection forms.

“To Assess the Level of Anxiety & Depression among the Post Burn Client Admitted In Pravara Rural Hospital, Loni Bk”

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Abstract:

Background of study: The estimated annual burn incidence in India is approximately 6-7 million per year. The high incidence is attributed to illiteracy, poverty and low-level safety consciousness in the population. The goal of National programme for prevention of burn injuries (NPPBI) would be to ensure prevention and capacity building of infrastructure and manpower at all levels of health care delivery system in order to reduce incidence, provide timely and adequate treatment to burn patients to reduce mortality, complications and provide effective rehabilitation to the survivors. This study was conducted mainly focusing on psychological issues of burn patients. **Objectives of the study** 1. To assess the level of anxiety & depression among the post burn client. 2. To find out co-relation between anxiety & depression. 3. To compare and correlate the anxiety & depression with selected demographic and clinical variable. **Materials and methods:** Descriptive research design was used. The purpose of the study was to assess the level of anxiety and depression among the post burn client admitted in, PRH Loni Bk. The collected data was analyzed by using descriptive and inferential statistics. **Result:** Aspect wise anxiety score of burn client mean is 11(59.99%) with the standard ± 1.91 . Aspect wise depression score of burn client mean is 9.72 (83.33%) with standard deviation ± 1.92 . To find out co-relation between anxiety and depression Karl Pearson coefficient of co-relation technique was used. The correlation score (R) was 0.167 it shows that there is mild positive co-relation between anxiety and depression.

Conclusion: Finding of present study shows that maximum number of burn clients having moderate anxiety and depression and the correlation score (R) was 0.167 it shows that there is mild positive co-relation between anxiety and depression.

Keywords: psychological problems, Assessment, compare, co-relate.

I. INTRODUCTION

A burn is a type of injury to skin, or other tissues, caused by heat, cold, electricity, chemicals, friction, or radiation. Most burns are due to heat from hot liquids, solids, or fire. While rates are similar for males and females the underlying causes often differ. Among women in some areas, risk is related to use of open cooking fires or unsafe cook stoves. Among men, risk is related to the work environments.

Study to Assess the Knowledge of Mothers and Guardians Regarding Early Signs of Girl Child Abuse in Selected Area of Selected City

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Introduction

In ancient times, general opinion accepted that children could be beaten and abused. The industrial exploitation of children after the middle ages was common place; with no widespread protest. Children are the most important age group in all societies. Health status and health behavior later life are laid down at this stage. Child health care should include specific biological and psychological needs that must be met to ensure the survival and healthy development of the child, the future adult. Early signs of girl child abuse have a lengthy history. In 16th and 17th centuries, American colonists carried the tradition of children being property of mothers in United States. Therefore, children have been subjected to abuse by their mothers since presumably the beginning of time.

Word abuse is derived from French word ‘abuse’ means “improper practice” and Latin word ‘abuses’ which means “a using up”. Early signs of girl child abuse are defined as any act of omission or commission that end anger or impairs a child’s physical or emotional health and development. Abuse refers to an act of commission by a parent or caretaker that produces harm to the child, and neglect refers to an act of omission by a parent or caretaker that produces harm. Early signs of girl child abuse is also known as battered child syndrome. The term battered child syndrome was coined by C. Henry Kempe in his landmark paper published in 1962 by the Journal of the American Medical Association. It refers to “a clinical condition in young children who have received serious physical abuse, generally from a parent or foster parent.”

Research Statement: A study to assess the knowledge of mothers and guardians regarding early signs of girl child abuse in selected area of selected city.

Research Objectives:

1. to assess the level of knowledge of mothers and guardians regarding meaning of early signs of girl child abuse .
2. to assess the knowledge of mothers and guardians regarding different types of early signs of girl child abuse .
3. to assess the knowledge of mothers and guardians regarding causes of early signs of girl child abuse .

Principal

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